



“I lost it AT THE club”

AWARDS CEREMONY

March 15: 6:00-7:00pm
Café East (EH Lounge)

- **Healthy Cooking Demo**

Featuring Chef Carmen Persico, Café East's new Chef

- **Healthy Tips**

Presented by Dr. Michael Rubiel of the Lifestyle Wellness Center

- **Celebrate “I lost it” Participants**

- **Award Ceremony**

All are welcome!
Appetizers & Drink Specials!

FOR ADDITIONAL INFORMATION VISIT OUR WEBSITE AT WWW.MICHIGANATHLETICCLUB.COM